

NCCS JH TRACK - 2017

Updated 4.11.17

	11	Tuesday	2:45-3:45 at NCCS
	12	Wednesday	Meet at Gervais – 3:00 (excused at 1:25/dep. at 1:40)
	13	Thursday	<i>No Practice</i>
	14	Friday	2:45-4:20
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	17	Monday	2:45-4:20
	18	Tuesday	2:45-4:20
	19	Wednesday	*Meet at OES – 3:30 (exc. at 1:50/dep. at 2:05)
	20	Thursday	<i>No Practice</i>
	21	Friday	2:45-4:20
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	24	Monday	<i>No Practice</i>
	25	Tuesday	**5-6:30
	26	Wednesday	Meet at Colton – 3:30 (exc. at 2:05/dep. at 2:20)
	27	Thursday	2:45-4:20
	28	Friday	2:45-4:20
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May	1	Monday	Sub-Districts at PC – 3:30 (exc. at 2:00/dep. at 2:15) *only those who finish in the top 4 in sprints and top 6 in distance events and field events will continue on to Districts. All other will be done after sub-districts
	2	Tuesday	2:45-4:20
	3	Wednesday	2:45-4:20
	4	Thursday	2:45-4:20
	5	Friday	Districts at PC – 3:30 (exc. at 2:00/dep. at 2:15)

** Note the later practice time on 4/25